



FASHION Nautical totes

**Fab
gifting
idea**

Set a course for the beach with Sail La Vie's upcycled bags, made in White Bear Lake, Minnesota. Like the sails they're cut from, the bags are durable, lightweight and water-resistant—perfect for stowing summer gear. The bags may have small streaks of dirt or rust, but the weathered look is part of the charm. Think of it as a reminder of your tote's past life cruising the open waters. Available in a variety of shapes and styles; \$15–\$79 (651/251-5494; saillavieusa.com).



PETS

WE ALL ARF FOR ICE CREAM!

TREATING YOUR POOCH TO ICE CREAM is a rite of summer, but Arrfscarf takes canine indulgence to the next level. The Chicago company sells dog-friendly flavors like pulled pork, beef brisket and peanut butter bacon, all preservative-free and made with locally sourced meats. The business began as a street cart but grew to a full-fledged wholesale business. Order the ice cream (and other treats like doggie macaroons) online or look for it at stores around the metro; a monthly subscription is available with limited-edition flavors. \$4 for a 4-ounce cup; baked products from \$2.50; subscriptions from \$15 (arrfscarf.com).



TOP DAHLIAS These Midwest-friendly cultivars, recommended by the West Michigan Dahlia Society, **put on a stunning show** from midsummer to first frost.



'JESSICA' Fiery red tips distinguish this striking cactuslike bloom. It typically grows 5 feet tall; flowers reach 6 inches in diameter.



'SPARTACUS' Great for cutting, these velvety 8- to 10-inch round blooms often win awards at dahlia competitions.



'VERDA' Dinner plate-size flowers adorn this classic cultivar. It's a semicactus type, meaning its petals curve to form spiky ends.



'HILLTOP STELLA' Just in time for the Fourth of July, this festive cultivar grows 3 feet and erupts into dazzling 4-inch-diameter blooms.



'PAM HOWDEN' Saucer-shape flowers resemble water lilies in shades of coral, orange and yellow. Flowers are 5 inches wide.